

# Instruction Manual

## Revised Dec. 2016

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### INTRODUCTION

email me at [kenpresner@hotmail.com](mailto:kenpresner@hotmail.com)  
for a pdf version of the  
Instruction Manual

Please read the instructions before zapping. A hard copy of the instructions is not shipped with your order. Please bookmark this page for the latest version. Please email me your questions.

Please make sure to read [DOs and DONTs](#) before you start zapping.

You are about to zap with the most powerful and effective zappers in the world -- The Ultimate Zappers BE, SE, XE, QE1 and QE2. The competitors' zappers use the **7/20/7/20/7** cycle for a total of 61 minutes. The 7s are the zapping times and the 20s are the breaks. But one size does not fit all with The Ultimate Zapper. You do not need the breaks with QE1 and QE2. You need to experiment to discover what works best for you with all models.

Sensitive people start at 10 seconds. Everyone else starts at 15 seconds and a lot of people stay there because that's all they need for full results. With QE1 & QE2 there are no breaks thanks to a technological break-through -- just **Duration Zapping**. The Ultimate Zapper keeps things short and sweet -- and simple. There are no fancy bells and whistles -- just an on/off switch.

Terminator-style zappers including Mini Silver Terminator and Longevity Zapper recommend zapping round the clock with breaks. They don't tell you that's because they are weak. Why else would you need to zap around the clock? If you zapped around the clock with The Ultimate Zapper you'd be in trouble. There would be too much detox for the body to cope with.

Terminator-style zappers include burn warnings. But they don't explain that the burns are caused by the zapper's design -- the coins side by side. Many zappers including Longevity and Auto-Zap feature **buttons, beepers, dials, cycles, flashing lights and do-dads**. But, according to the emails I receive, they leave many people with poor results or no results at all. And they leave people wondering why they paid for a do-dad zapper.

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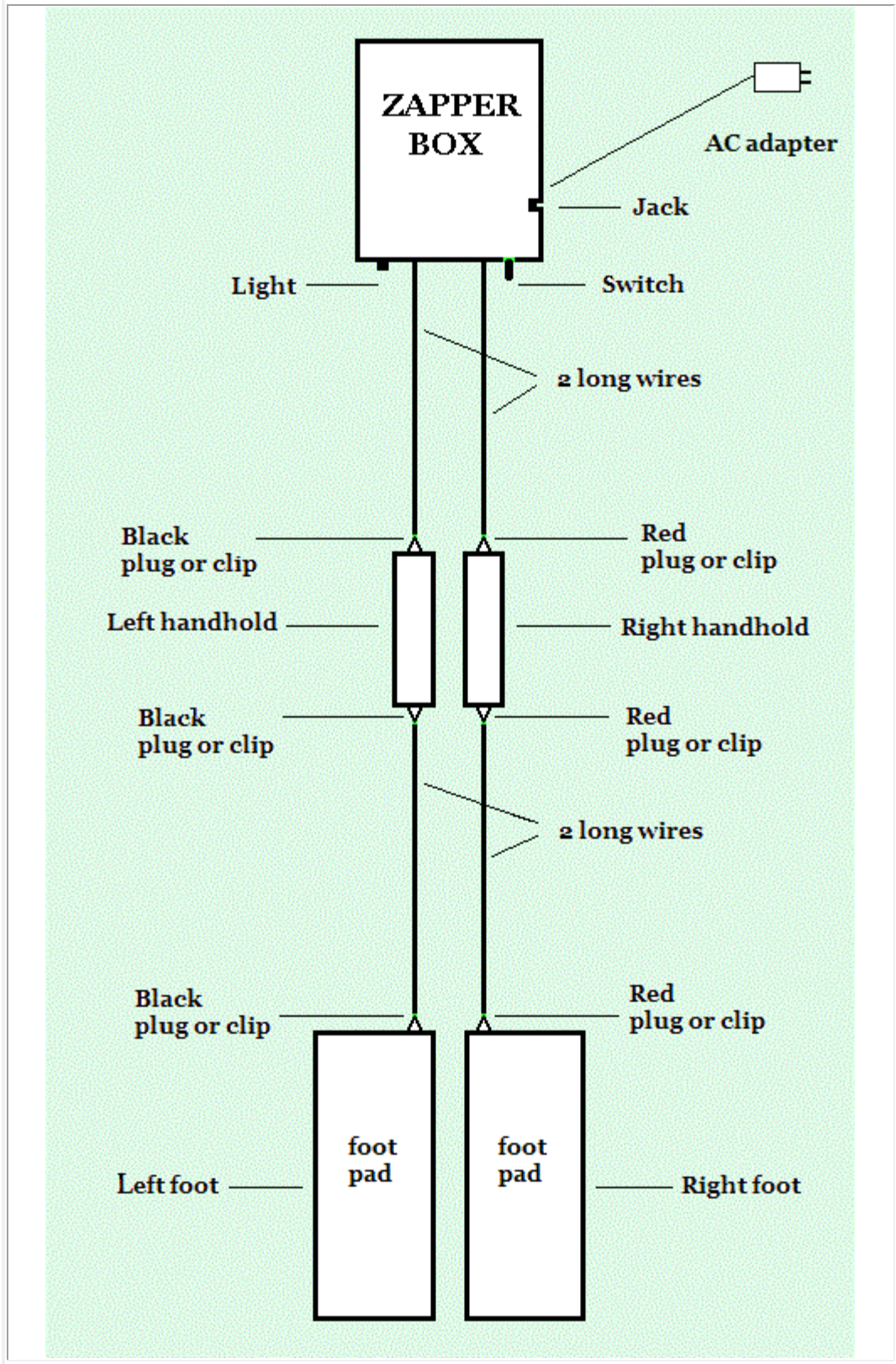
**1. HOW TO CONNECT**

## Connecting BE, SE, XE and QE1

This diagram shows how to connect the wires from the zapper box to the handholds and footpads for BE, SE, XE and QE1.

BE is bare wire. The handhold connections are already made for you. For connecting to the optional footpads, insert each wire in the bottom hole in the handhold, wrap the wire around the PVC tube and twist around the white lead wire. To attach to the wire to the stainless steel footpads use a piece of tape. Easy as pie. You're all done.

**Diagram #1 for BE, SE, XE & QE1**



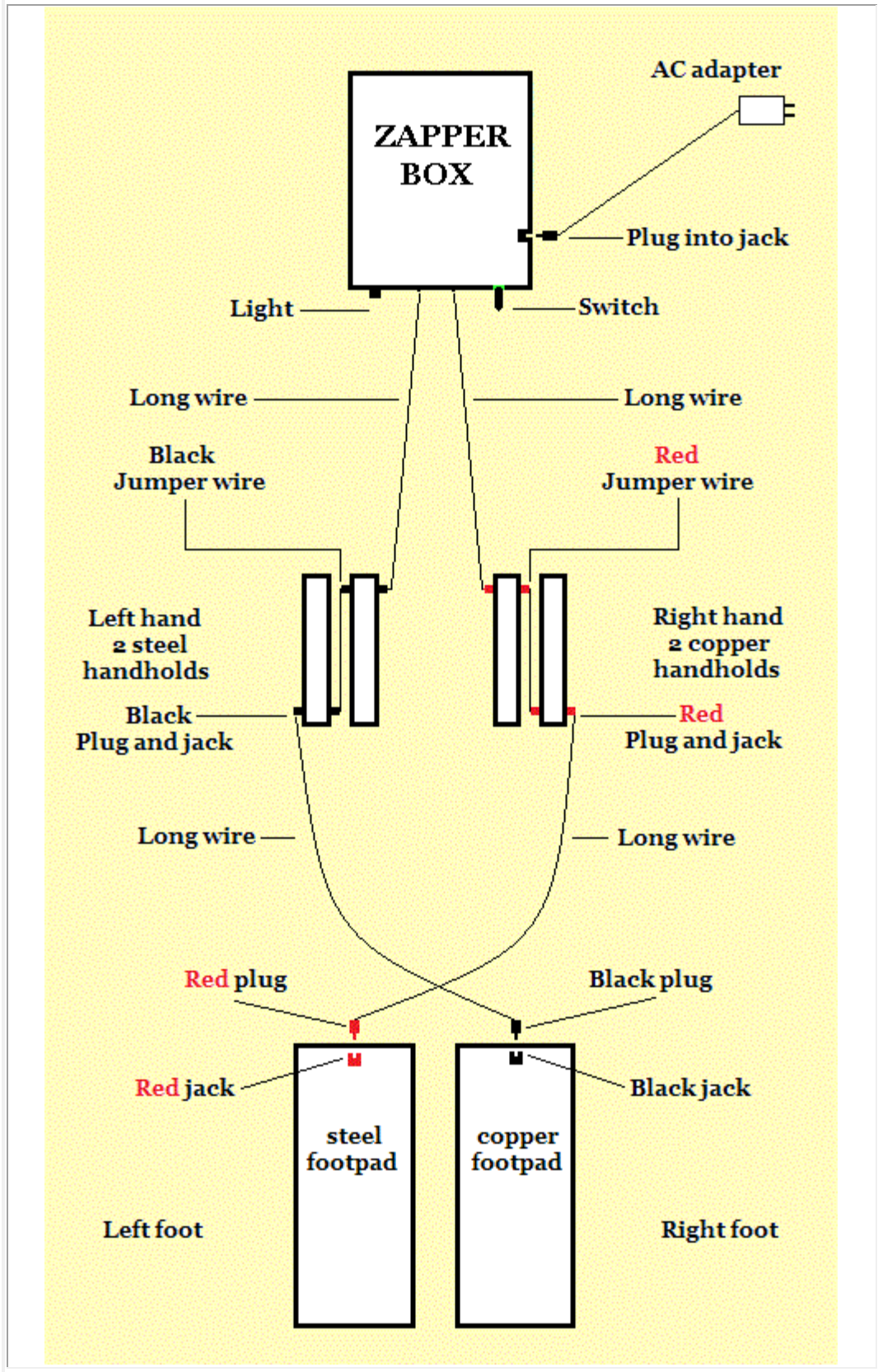
## Connecting QE2 Version 1

Diagram #2 shows how to connect the wires from the zapper box to handholds and footpads for QE2 Version 1. Please follow the color coding in the diagram -- **red and black**.

1. Use the short black-coded jumper wire to connect the two steel handholds in the left hand. Make sure they are attracting.
2. Then use the black connector to connect them to the copper footpad for the right foot.
3. Use the short red-coded jumper wire to connect the two copper handholds in the right hand. Make sure they are attracting.
4. Then use the red connector to connect them to the steel footpad for the left foot.

The handholds may need to be placed upside down -- as per the diagram below -- so that the internal magnets are attracting. As long as the handholds are attracting then zapping results will be the same. Just make sure that the 2 handholds in your left hand are touching one another and are attracting (not repelling), and the 2 handholds in your right hand are also touching one another and are attracting (not repelling).

**Diagram #2 for QE2 Version 1**



## Connecting QE2 Version 2

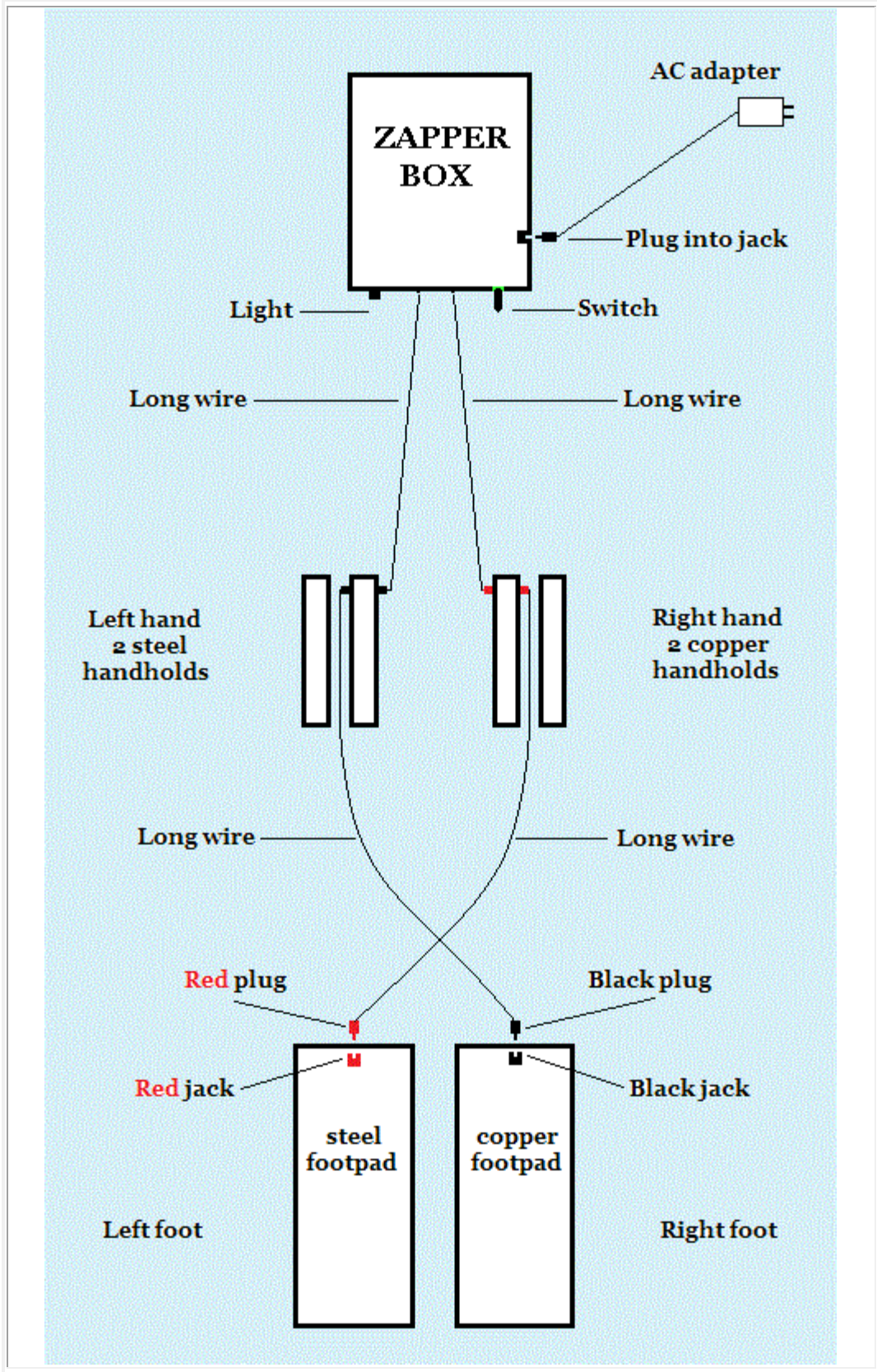
Diagram #3 shows how to connect the wires from the zapper box to handholds and footpads for QE2 Version 2. Please follow the color coding in the diagram -- **red and black**.

1. Using the color coding connect the 2 plugs from the zapper box to the handholds.
2. Using the color coding connect the 2 long wires from the handholds to the footpads.

The pair of handholds without connectors will automatically connect with the pair of handholds with connectors because of the strong magnets inside the handholds. Invert them if necessary so that the attraction is made.

**Diagram #3 for QE2 Version 2**





## 2. PREPARING HANDHOLDS AND FOOTPADS

BE features PVC plastic handholds designed for the economy user. To get going, simply wrap aluminum foil around the handholds and tuck the ends inside the tube. You're done.

For all models, wrap the handholds and footpads in embossed paper toweling -- not the cheap, thin paper toweling found in many paper dispensers that does not absorb enough water to optimize conductivity. Using 2 sheets of paper toweling for each handhold is recommended for best results. The thinner the covering the more conductive the handholds and footpads will be. Sensitive people may want to use 3 or 4 sheets of paper toweling to reduce the conductivity. Adding a small amount of mineral oil to the water before wetting the paper toweling will also reduce the conductivity. For QE2, connect the 2 handholds together, then wrap the toweling around them. You don't need to wrap the handholds separately.

Some people prefer to use cotton cloth as a covering. I prefer paper toweling because it absorbs more water. The toweling should be spongy when wet. Squeeze out any extra water so that the toweling is not dripping wet. Attach the plugs or clips directly to the metal, not to the toweling. The best results will be obtained by zapping with the handholds and footpads at the same time. See #10 below.

Covering the handholds and footpads prevents metal ions from entering the body. Metal ions cause metal toxicity. The minerals in the water that is retained in the toweling create the conductivity that is necessary for therapeutic effectiveness. Do not use distilled water since it does not contain minerals and will not conduct the current.

Never allow water to drip down the wires into the box. Your zapper may stop functioning if this happens and this will void the warranty. In this case you will incur a charge for repairs. Keep the toweling or cloth moist at all times when zapping. You may let them dry out after you have finished zapping so that you can reuse them the next time you zap -- unless salt water is used. In the latter case cleaning will be necessary.

You may notice a light brown discoloration on the toweling when using stainless steel accessories. This is iron oxide being drawn out of the stainless steel handholds. You may notice a green discoloration on the toweling when using copper accessories. This is copper oxide. Wash the oxide off the handholds and footpads before each use with salt and vinegar or a commercial cleanser. Replace the toweling after a few sessions. Always unplug the AC adapter after use.

If you have a cut or an open sore make sure your skin does not come in direct contact with the handholds and footpads. If this happens you will feel a stinging sensation from the zapper's current.

### 3. BOOSTING RESULTS

Most people are not sensitive and can zap for long periods of time. If you want a stronger zapping session wet the paper towels or cotton cloth covering the handholds and footpads with salt water. You can add more or less salt to the water according to your level of comfort. Salt water is a much stronger conductor of electric current than tap water because of its high mineral content. The therapeutic effects are much stronger when using salt water.

But many people feel that salt water gives too strong a response and they prefer the milder effects of using unsalted water. Most people who use salt water will start to feel strong pulsations and their skin may quickly become red, irritated and itchy. If you use salt water make sure you clean and rinse the handholds and contacts -- clips or plugs/jacks thoroughly after each session. Otherwise they may oxidize, corrode and eventually rust. Do not zap with distilled water. Distilled water contains no minerals. Minerals conduct the current. Distilled water will negate any potential therapeutic benefits of zapping.

### 4. ZAPPING CYCLES

The Dr. Hulda Clark automatic 7-minute zapping cycle does not apply to The Ultimate Zapper. This 7-minute ritual applies to other zappers that are not as powerful as The Ultimate Zapper.

#### BE, SE and XE

For BE, SE and XE, Remove your belt, glasses, rings, other jewelry and metal objects. Do not sit on metal furniture. Sensitive people start at 10 seconds. Those who do not know if they are sensitive should test their sensitivity in the first session starting at 15 seconds with the 20-minute breaks. So, your first session should look like this: **15 seconds on -- 20 minutes off -- 15 seconds on -- 20 minutes off -- 15 seconds onnn**. If you do not have any reaction then you know you are not sensitive and you can zap at 30 seconds at your next session, with the breaks, then one minute in your next session, with the breaks. If everything goes well you may add one additional minute every 3 days up to your maximum level of comfort. With all models you should never zap beyond your comfort zone. If you start to react then move back to a level where you are no longer reacting.

#### QE1 & QE2

QE1 and QE2 are much more powerful than BE, SE & XE. So, you zap only once with no 20-minute breaks. Remove your belt, glasses, rings, other jewelry and metal objects. Do not sit on metal furniture. Sensitive people start at 10 seconds. Those who do not know if they are sensitive should test their sensitivity in the first session starting at 15 seconds. Sensitive people may have to limit themselves to 10 or 15 seconds. 10 seconds to 1 minute is enough for many people to achieve full results with all models. With all models you should never zap beyond your comfort zone. If you start to react then move back to a level where you are no longer reacting.

## 5. TAKE A BREAK

You should zap at least once a day for the first 3 weeks. You may start to get results within the first few days. This is very common. You may wish to complete 1, 2 or 3 zapping cycles per day depending on your sensitivity. After zapping for 3 weeks take a break for one week before resuming zapping. The purpose of this is twofold. Firstly, you need to give the body a rest from the process of detoxification. Secondly, you do not want the parasites and other pathogens to become used to the zapper's wave -- in which case they may develop resistance to it. You want to surprise them every time you zap. Having a break after 3 weeks allows this to happen.

## 6. STARTING INSTRUCTIONS

After preparing the handholds and footpads with damp toweling in place, turn the switch on. The red light will come on. You may feel a short surge of current when you first turn the zapper on. When the red light comes on your zapper is performing according to specifications. Most people feel nothing at all while zapping since there are 2,500 pulses per second (2,000 pulses in the case of QE2).

Hold onto the handholds or place them on your body according to the suggestions **below**. You may start with the red handhold(s) in your right hand and the black handhold(s) in your left hand. Many people reverse the handholds during their zapping session and discover better results. Some people find that switching the handholds from one hand to the other every minute or 2 is very effective. When you are finished your zapping session turn the switch off and unplug the AC adapter (for SE, XE, QE1 and QE2.)

Here is the reason for zapping 3 times. This applies to BE, SE and XE. It does not apply to QE1 and QE2 where you do duration zapping without the breaks.

The first zapping kills parasites. During the 20-minute break the dead parasites release bacteria. The second zapping kills the bacteria. During the next 20-minute break the dead bacteria release viruses. The third zapping kills viruses.

This constitutes a full zapping cycle. Depending on your condition, your needs and your sensitivity you can zap 1, 2 or 3 times per day. The breaks are not necessary with QE1 and QE2 because they are so powerful that the parasites, bacteria and viruses are killed in one zapping session.

Note: If you notice that the AC adapter is overheating during a session (very rare) unplug the adapter immediately and email me. Turn the switch off after your session is over and unplug the adapter from the wall. Hold the AC adapter box when unplugging it from the wall. Do not pull the wire to remove the adapter from the wall. After you have unplugged the zapper the red light will still come on if you turn the switch on again. This is because there is still some electric current stored in the zapper's capacitors. The light will slowly fade and go out after about 30 seconds as the current drains. This is normal.

## 7. ZAPPING GUIDE

This guide is only a guide. You may want to go slower or faster depending in how you feel. If you react at any point stop until the reaction dies down. When you start back zapping resume at a lower level to stay inside your comfort zone. Never zap if you are outside your comfort zone.

Zapping times for BE, SE and XE are 3 times with two 20-minute breaks. Zapping times for QE1 and QE2 are once with no breaks. You may add 1 minute every 2 days after day 10.

### ZAPPING TIMES

	<b>New Model BE</b>	<b>New Models SE and XE</b>	<b>New Model QE1</b>	<b>New Model QE2</b>
<b>Day 1</b>	15 sec.	15 sec.	15 sec.	15 sec.
<b>Day 2</b>	30 sec.	30 sec.	15 sec.	15 sec.
<b>Day 3</b>	1 min.	1 min.	30 sec.	30 sec.
<b>Day 4</b>	1 min.	1 min.	30 sec.	30 sec.
<b>Day 5</b>	2 min.	2 min.	1 min.	1 min.
<b>Day 6</b>	2 min.	2 min.	1 min.	1 min.
<b>Day 7</b>	3 min.	3 min.	2 min.	2 min.
<b>Day 8</b>	3 min.	3 min.	2 min.	2 min.
<b>Day 9</b>	4 min.	4 min.	3 min.	3 min.
<b>Day 10</b>	4 min.	4 min.	3 min.	3 min.

The chart is not an end point. 4 minutes may just be the beginning for many people. Some people can only tolerate 10 seconds while others can zap for 1 hour. You need to experiment to find your maximum level of comfort.

## 8. BATTERY ZAPPING

BE is the Battery Edition of The Ultimate Zapper. There is also a battery compartment with SE, XE, QE1 and QE2. You may zap with a battery in these 4 models. Open the hatch and clip your 9-volt battery to the 2 clips inside the battery compartment. Close the hatch and turn on the switch. The red light will come on. You can use a rechargeable battery. If you are using a non-rechargeable battery you should replace it every week to keep the voltage output as high as possible.

Note: SE, XE, QE1 & QE2 are designed to be used with the AC adapter -- for maximum therapeutic results. The output with the adapter is DC voltage -- the same as with a 9-volt battery.

Note: you must remove the battery from the battery compartment if you want to zap using the wall plug. If you forget the battery will overheat and your zapper may be damaged.

## BATTERY RECOMMENDATION

To keep the voltage and amperage of BE at the optimum for therapeutic effects you should use a rechargeable 9-volt battery and top up the battery after each zapping session. By doing so all 12 features will be kept intact. I recommend a rechargeable like [this one](#) -- a low self-discharge battery for \$4.50 that is rechargeable up to 1000 times.

## 9. QE2 VERSION 2

We now ship only QE2 Version 2 that has eliminated the jumper cables that came with QE2 Version 1. Before zapping please review [this diagram](#) that shows how to connect Version 2. Visit the [QE2 Page](#) for the details on QE2.

After connecting, make sure the 2 handholds in your left hand are actually touching one another -- same for the 2 handholds in your right hand. They will be attracted to each other by the internal magnets. The 2 handholds in each hand should be wrapped with paper toweling. They do not need to be wrapped separately.

If you hear some rattling in the QE2 handholds that's completely normal. The rattling is the amethyst crystals.

QE2 is so powerful that you do not zap with breaks. You do Duration Zapping (below) without the breaks. Most people start at 15 seconds. But sensitive people should start at 10 seconds. Sensitive people should not use QE2 for long sessions. They should only zap within their comfort zone. If you start to feel uncomfortable or unwell then stop zapping for 3 days and resume at a lower level, staying inside your comfort zone. Although QE2 is very powerful most people will only feel a gentle pulsing.

Many of our field testers say they do not need to zap everyday with QE2 once they have done an initial course of zapping. A short single session without breaks once every 2 or 3 days is enough to sustain its full effects for many people.

## 10. DURATION ZAPPING

You can experiment with Duration Zapping -- no breaks -- with all 5 models. But there are no 20-minute breaks with QE1 and QE2. They are designed specifically for Duration Zapping. QE1 and QE2 should be used by sensitive people starting at 10 seconds. They may add 5 seconds per day up to their maximum level of comfort, always staying within their comfort zone. If you feel unwell then stop for 3 days and resume at a lower level. Sensitive people should not use QE1 and QE2 for long sessions.

People who are not sensitive can start at 15 seconds. You may zap for a long duration within your comfort zone. Since everyone is different and each case is different, everyone will have to experiment to find out what works best with Duration Zapping. Some people can only do Duration Zapping for 10 or 15 seconds. Others can do 1 hour or more. One size does not fit all. Always remember to stay within your comfort zone. If you feel unwell then stop for 3 days and resume at a lower level, within your comfort zone.

## 11. WHEN SHOULD I ZAP?

Many people feel sleepy after zapping. So, they prefer zapping at bedtime. Make sure you turn your zapper off before falling asleep. Do not fall asleep when you are attached to the handholds.

Many people feel energized when zapping. So, they choose to zap in the morning.

You will need to experiment to discover the best zapping time for you.

## 12. WHAT IF THE HANDHOLDS TOUCH?

If you accidentally touch the handholds or footpad do not worry. Your zapper will not short-circuit and it will not be damaged. But the current will then flow directly between the handholds/footpads during that time, reducing the zapper's effectiveness. So, make

sure the handholds and footpads are not touching when zapping -- except for QE2 where the 2 steel handholds and 2 copper handholds are attached.

### 13. WHEN DO I ADD THE FOOTPADS??

When using the handholds and footpads you can expect even better results. Footpads increase effectiveness by up to 77%. You can order a pair of footpads when you place your zapper order or you can order them later. The footpads come with extra long wires. BE comes with long wires with bare copper wire for connecting. SE comes with sold copper clips. XE, QE1 and QE2 come with gold-plated professional quality Neutrik plugs. You must always cover the footpads with wet paper toweling or thin cotton cloth before zapping -- same as with the handholds.

For maximum results use the handholds and footpads at the same time -- but only after you have zapped for at least a few days with the handholds only. To zap hand-free you may use the footpads alone by putting your feet on the footpads while avoiding the use of the handholds.

### 14. WILL I FEEL ANYTHING?

Most people feel nothing at all when zapping with all BE, SE, XE and QE1. This is because there are 2,500 pulses per second. But some people are very sensitive and they may feel a slight tingling or a slight pulsing sensation. And some people may feel a surge of current when turning the switch on. This will quickly subside. Most people will feel the gentle pulsing of QE2 that has a much stronger current than BE, SE, XE and QE1.

### 15. SENSITIVE PEOPLE

Start zapping at 15 seconds and work up slowly. If you know you are sensitive then start at 10 seconds. If you feel parasite die-off **symptoms** (see below) stop zapping for 3 days or until this dies down. Resume at a lower level and only zap to your maximum level of comfort -- not beyond. Do not zap inside a zone of discomfort. Detoxification has to be done slowly to allow the body to adjust to the process. If you push too hard you may feel unwell because you are trying to push the body to detoxify too quickly.

Sensitive people may want to use 3 or 4 sheets of paper toweling to reduce the conductivity. Adding a small amount of mineral oil to the water before wetting the paper toweling will also reduce the conductivity. Some people have sensitive skin. Sensitive people should not place the zapper on sensitive parts of their body for long periods of time. This may cause irritation, itchiness, redness or blistering. If this is the case then move the handholds around. See below, for suggestions regarding the placement of the handholds.



Some people may feel the zapping session strongly and then the feeling may disappear. As a result, they may wonder if their zapper is working properly. This change is quite normal. The zapping feeling may come and go depending on many factors including the body's receptivity and sensitivity that can wax and wane over days, weeks and months. Everyone is different. Please be assured that as long as the red light comes on your Ultimate Zapper is performing according to its advertised specifications.

Read [this section](#) if you have "silver fillings".

## 16. GO SLOW

The Ultimate Zapper is far more powerful than all the Dr. Hulda Clark zappers on the market. It can help the body detoxify parasites, bacteria, viruses, fungus, yeast and other pathogens very quickly. But detoxifying too quickly may put too heavy a burden on the body's organs of elimination, especially the kidneys. Those with kidney sensitivity may want to do a kidney cleanse (please Google this) before they start zapping for the first time.

When it comes to detoxification, don't push the river. Go slow. It took you years to accumulate all the toxins in your body. They will not be eliminated overnight. If you try to eliminate them too quickly the body may react badly. The mind always want to jump ahead. But the body has its own wisdom. Listen to the messages your body is sending you. If it tells you to slow down then slow down.

People with specific medical conditions, people on medication, children and the elderly should be monitored closely if they are zapping. Consult your doctor if in doubt.

Please be aware of The Ultimate Zapper's powerful [Electroporation Effect](#).

Everyone is different. One size does not fit all with The Ultimate Zapper. You should only zap to your maximum level of comfort -- not discomfort. If you start to feel uncomfortable or unwell due to parasite die-off then stop zapping for at least 3 days until this dies down. Then start back at a level below the level that made you feel unwell. Watchfulness and patience are the keys to successful zapping and detoxification.

## 17. PREGNANT?

If you are pregnant or becoming pregnant do not use The Ultimate Zapper. Die-off products from zapping could cross the placenta and enter the foetus. Also, mercury could be mobilized from mother's silver amalgam fillings, crossing the placenta and entering the foetus. Even a low rate of migration could affect the health of your unborn baby. Protect your unborn baby. Do not zap if you are pregnant.

## 18. PACEMAKER?

If you wear a heart pacemaker do not use The Ultimate Zapper. The maker of the Auto-Zap says his zapper can be used for people who have a heart pacemaker. This is because his zapper is weak. The Ultimate Zapper is very powerful. It could interfere with a heart pacemaker. Don not zap in this case.

## 19. SIDE EFFECTS

The die-off effect (also known as a Herxheimer reaction) can happen if you detoxify too quickly. I recommend going slowly with detoxification. Trying to go fast can make you feel unwell. You may feel like you are coming down with the flu, although you are not. Read #18 on the [FAQ Page](#) for more information about the effects of parasite die-off. If you start to feel unwell from parasite die-off stop zapping for at least 3 days. When you resume zapping, cut back to a level below the level that made you feel unwell. Do not enter a zone of discomfort. Go slow and steady.

## 20. YOUR DOCTOR

Before zapping consult your doctor if you have a specific medical condition or if you are taking medication or herbal products or supplements. The Ultimate Zapper's powerful [Electroporation Effect](#) will enhance their effects by temporarily increasing cell permeability. Electroporation opens the cell walls temporarily, letting nutrients, herbs and medication enter the cells more efficiently. Although some people find this beneficial it may not be beneficial for all people under all conditions. Medication dosages should be closely monitored by you and your doctor. Dosages may need to be lowered in some cases.

Read [this section](#) if you have "silver fillings".

## 21. HERBAL PARASITE CLEANSSES

The Ultimate Zapper replaces herbal parasite cleanses since it is much more powerful. But some people zap while taking cleanses to take advantage of The Ultimate Zapper's powerful Electroporation Effect. This effect will greatly enhance the results of any herbal cleanse.

## 22. ELECTROPORATION

Please read about The Ultimate Zapper's powerful [Electroporation Effect](#). Do not zap while taking alcohol. The Electroporation Effect will enhance the effect of alcohol.

## 23. SILVER FILLINGS

Silver colored fillings, so-called silver amalgam fillings, are 50% mercury. If you have even one then you are mercury toxic. The dental profession wants you to think they are mostly silver. Toxic mercury is sitting 2 inches from your brain. You need to read [My Recovery Protocol](#) to get up to speed on what you are facing and what to do about it.

While the government warns against eating mercury-laden fish containing less than one part per million of mercury, they do not seem concerned about "silver amalgam fillings" with 500,000 parts per million of mercury. In fact they sanction mercury fillings. The FDA's dental division is stacked with people from the ADA. The fox guards the hen house. Read [Big Dental Lie](#).

How does this relate to zapping? If you zap with the handholds close to your head, or even in your hands, in some cases, and you have mercury fillings in your mouth this can "mobilize" mercury from your fillings into your organs. Typical effects can be a headache or brain fog. Do not place the handholds near your face until you have your mercury fillings safely removed according to the guidelines in [My Recovery Protocol](#). You can zap with the handholds in your hands -- starting at 15 seconds and add 15 seconds per day. If you react, stop zapping till you return to normal. When you resume zapping make sure it for a shorter period of time.

## 24. IMPLANTS

If you have metal implants don't worry. You will still get very good results. I have yet to hear of a single case where there was a problem with implants.

## 25. EXERCISING

I recommend you do not exercise while zapping. You may have seen other zapper sites with people exercising, jogging and biking. This is marketing. They do not tell you that exercising creates resistance to the wave and reduces its effectiveness. Holding the handholds too tightly will also create resistance to the zapper's wave and reduce effectiveness. This resistance has been measured on an oscilloscope. Relax and enjoy your zapping session.

## 26. TARGET ZAPPING

TARGET zapping allows you to focus on a specific area you wish to zap. Instead of holding the handholds in your hands you may want to target specific areas on your body. Placing the handholds near the area on your body that you wish to treat is often more effective than holding them in your hands.

Here are some suggestions: one handhold in the left side of your waistband, the other handhold in the right side of your waistband; the red handhold below the navel and the

black handhold on the back opposite the navel; one handhold over the liver, the other handhold over the spleen;

For **treating the blood** -- handholds are convenient and effective.

If you wish to use the handholds to strengthen the immune system the best results will be obtained by putting one handhold under each armpit. This activates the lymph nodes directly. For sinus problems you may get good results by placing one handhold on each cheek -- but not if you have "silver amalgam fillings". Try various ways of placing the handholds to see what works best for you.

Placing the handholds on the Chakra points or energy centers of the body or placing them on acupuncture points can be very effective especially when using the footpads that treat the accupressure points.

You can also zap hands-free with the handholds by placing two loose rubber bands around your wrists or ankles -- then insert the handholds.

## 27. MAINTENANCE ZAPPING

Maintenance zapping (occasional zapping) keeps parasites and other pathogens under control and prevents them from proliferating even if you do not have a specific illness or condition you wish to treat. Maintenance zapping also helps keep the body healthy through the Electroporation Effect. People taking daily herbs or supplements will benefit from the Electroporation Effect if they zap within an hour of taking these substances. Some people like to zap 1 to 3 times a week for maintenance after they have resolved whatever condition they have been zapping for. Others find that zapping a few times a month is sufficient. You will need to experiment to see what works best for you.

## 28. BLOOD ELECTRIFICATION

The Ultimate Zapper is an excellent blood purifier. It works on a different principle than **Beck magnetic pulsers**.

Putting one handhold on the inside of each wrist secured by 2 loose rubber bands. Alternately, you can use one handholds on the inside of each ankle at the pulse point, also keeping them in place with 2 loose rubber bands. Or you can sit in the lotus position and let the handholds sit freely on your ankles or alternate one ankle and the opposite wrist.

## 29. UNIVERSAL ADAPTER FOR OVERSEAS

All overseas orders for XE, SE and QE1 now ship with a 9-volt Universal AC Adapter **free of charge**. All QE2 orders ship including domestic orders now ship with a 12-volt universal AC adapter **free of charge**.

In some countries (including the UK, Australia) the EU, some parts of Scandinavia and many countries in Africa and South America, the plug on the Universal AC Adapter is not the same as your wall receptacle. In this case you will need to purchase an inexpensive plug adapter at a local hardware store or electrical supply store. It costs about \$1. You simply plug the Universal AC Adapter into the plug adapter and then plug the adapter into the wall. I do not supply plug adapters.

### 30. CHILDREN

Do not zap children under age 3. Children 3 and over may zap starting at 5 seconds and work up in 5-second increments to 1 minute maximum with BE, SE and XE. Children may zap starting at 5 seconds and work up in 5-second increments to 15 seconds maximum with QE1. Children should zap for only 5 seconds and no more with QE2. Never allow a child to zap beyond their zone of comfort. A parent should stay with children at all times during the zapping session. Adolescents may zap as adults, increasing their zapping time in one-minute increments up to their maximum level of comfort, unless they are **sensitive**.

The only restriction on zapping children is if the mother has a history of silver amalgam fillings. In this case the child should not zap. The reason is that so-called silver fillings are 50% mercury. Mercury crosses the placenta and is in the foetus 2x mother's levels. Mercury is also in breast milk. Zapping can mobilize mercury in the child. So, children whose mothers have a history of mercury fillings should not zap.

Mercury poisoning causes autism, ADD, MD, cerebral palsy and mental retardation. If your baby is mercury toxic from you, and you decide to zap your baby, then the mercury that is already in baby's system could be mobilized and migrate to the brain, kidneys and other organs.

Please read **[this page](#)** for more information.

### Auto-Zap and babies

The maker of Auto-Zap says you can zap babies with his zapper because it is "gentle" -- another word for weak. Many people have let me know Auto-Zap is weak even for adults. But zapping babies even with a weak zapper could cause distress or harm because of many factors. Firstly, you do not know how sensitive your baby is. A highly sensitive baby could have a serious parasite die-off reaction to zapping for even a few seconds. Problems could also arise because of baby's immature immune system and other

immature organs especially baby's kidneys that excrete the by-products of zapping and dextoxification. The effect of zapping on your baby's kidneys could easily cause harm to your baby, in my opinion. I believe it is ill-advised to zap any baby because of the unknown risks. I would never zap my own baby.

There are many potential unknown risks for zapping babies. Mothers should be aware of these possible risks. I believe in erring on the side of safety. The fact is no zapper maker can make any guarantees regarding the safety of zapping babies. Encouraging mothers to zap babies infers a strong claim of safety -- but with no proof to back the claim. Protect your baby from the unknown. Do not zap your baby with any zapper. As far as I am concerned, zapping your baby would be like playing Russian roulette. A "gentle" zap could end in disaster. Always consult your doctor for health problems, especially when it concerns the health of your baby. This is the responsible way.

## 31. PETS

Many people zap their pets to control parasites and treat illness. There is a remarkable story in the [Testimonial Archive](#) about a woman who zapped her dying 18-year-old cat with The Ultimate Zapper. Her cat came back to life and was acting like a young cat again!

Some people zap their pets using the footpads. Cover the footpads with paper toweling (as per the above instructions). Hold your cat and put one or both left paws on the left footpad and one or both right paws on the right footpad. Some people prefer to put socks on their pets. In this case you do not cover the footpads with paper toweling.

Some pets zap their pets using the handholds. Cover the handholds with paper toweling (as per the above instructions). Put 2 rubber bands around each paw and insert the handholds so they are touching the paws. Some people prefer to put socks on their pets. In this case you do not cover the handholds with paper toweling.

Zap your pet starting at 15 seconds according to [this guide](#). You can increase this to 1 minute or more over a period of several days if your pet is tolerating it well. See the [Pet Zapping Page](#) for more info on pet zapping.

## 32. TOOTH ZAPPING

Please note: People with silver amalgam fillings or other metals in their mouth should not place the handholds near their face. In this case, zap with handholds in the hands starting at 10 seconds. Those who have no metal in the mouth can place one handholds on each cheek and start zapping at 15 seconds.

## 33. FOOD ZAPPING

Cover the bottom of a glass or ceramic bowl or plate with a thin damp towel or paper toweling. Place the food on the plate or in the bowl. Clean the footpads and place them under the bowl or plate -- not touching one another. Attach the red clip to one footpad and the black clip to the other footpad. Turn on The Ultimate Zapper. Your food will be zapped far more effectively than with any other food zapper because of the synergy of SE's unique and powerful 12-feature formula.

### 34. WILL I SEE WORMS?

Most people see nothing at all after zapping because most parasites are microscopic. I have never seen a worm come out. But others **have reported** seeing various kinds of worms and other little creatures.

### 35. CAN THE ADAPTER SHOCK?

No, it cannot. It is completely safe. I answer this question in detail **here**.

### 36. DOs & DONTs

#### DOs

1. DO make sure the red light comes on when you flip the switch.
2. DO unplug the adapter after every zapping session.
3. DO start at 10 or 15 seconds when you first use your zapper.
4. DO remove as much jewelry as possible before zapping. Don't worry about rings that cannot be removed.
5. DO make sure the handholds are covered with damp paper toweling before each zapping session.
6. DO stay with your child at all times during the zapping session.
7. DO email me if you have any questions.

#### DONTs

1. DO NOT insert the handholds into any bodily orifice. This may cause a serious reaction including discomfort, itching, stinging and even burning. The handholds are designed strictly for external use.

- 2.** DO NOT use The Ultimate Zapper outdoors or on a patio or if you are sitting on metal furniture.
- 3.** DO NOT use The Ultimate Zapper in the bathroom or if your feet are in water.
- 4.** DO NOT let water drip into the zapper box. This may render the zapper inoperable.
- 5.** DO NOT worry if you do not feel anything while zapping. Most people feel nothing at all.
- 6.** DO NOT zap at a level that makes you feel unwell. Always stay inside your comfort zone.
- 7.** DO NOT zap children under age 3. Children 3 and over may zap starting at 5 seconds and work up in 5-second increments to 1 minute maximum with BE, SE and XE. Children may zap starting at 5 seconds and work up in 5-second increments to 15 seconds maximum with QE1. Children may zap at 5 seconds only with QE2. Never allow a child to zap beyond their zone of comfort.
- 8.** DO NOT zap near your face if you have silver amalgam fillings. Contact me for more information.
- 9.** DO NOT zap your child if the mother has a history of silver amalgam fillings.
- 10.** DO NOT allow direct skin contact with a cut or open sore. You will feel the sting of the current if you do.
- 11.** DO NOT open the box to inspect or modify The Ultimate Zapper. This will invalidate the lifetime warranty.
- 12.** DO NOT zap with the AC adapter if you have a 9-volt battery in the battery compartment. The battery will overheat and you may damage your zapper.
- 13.** DO NOT use The Ultimate Zapper with an AC adapter not purchased from my site. This will invalidate the warranty in case of any problems.
- 14.** DO NOT treat your zapper carelessly. Accidents or abuse, though they may be unintended, may cause damage to the circuitry, wiring or adapter. This will invalidate the warranty. If the warranty has been invalidated I will be glad to repair your Ultimate Zapper but you will be asked to bear the modest cost of repair.
- 15.** DO NOT zap near a computer or TV screen. If you do you must be at least 3 feet from a flat screen. If you are using an old cathode ray computer or TV you should be at least



10 feet away from. The radiation from the screen may interfere with zapper's wave, and vice versa.

**16.** DO NOT sit on metal furniture while zapping.

## 37. DISCLAIMER

The Ultimate Zapper is a pulse generator designed for experimental use only. It is not an approved medical device. It is not intended to diagnose, treat, cure or prevent any disease, disorder, pain, injury, deformity, or physical or mental condition. No claims of any kind are made as to the suitability of this equipment for any purpose. This notice is required by the Federal Food, Drug and Cosmetic Act. Read the [Disclaimer Page](#).

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@hotmail.com

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